Is contact with my birth family after adoption possible?

Yes, contact with birth relatives after adoption IS possible. If you’re considering being adopted or have siblings who are being adopted, you need to know about voluntary Post-Adoption Contact Agreements (PACAs).

**PACA BENEFITS**

- You maintain an emotional connection to your birth relatives
- You have better access to your birth family history and information
- Your birth relatives and adoptive parents work together to support you

A voluntary *Post-Adoption Contact Agreement* is a legally enforceable agreement made between the adoptive parent, birth relative(s), and you, the adoptee. This agreement allows you to have communication or contact with your birth relative(s) after you have been adopted. Your adoption cannot be stopped or refused based on your choice to have or not have a PACA. A PACA is approved by the court that finalizes the adoption.

**TERMS TO KNOW**

**Adoptive Family** – The family selected to adopt.

**Youth** – Any person who is 12 years of age or older must consent to a PACA.

**Birth Relative** – A parent, grandparent, step-parent, sibling, aunt or uncle of the child’s birth family, whether related by blood, marriage or adoption.

**Parties** – Everyone who is involved with the agreement. This includes you, birth relatives and adoptive parents. If you have a caseworker or guardian ad litem, they may also be involved.
TYPES OF CONTACT

Different types of contact can be included in the agreement that you, your birth relatives and your adoptive parents develop. Contact can include any of the following:

- Visitation (supervised or unsupervised)
- Phone calls
- FaceTime or Skype
- Letters/Email
- Cards/Gifts
- Pictures
- Other contact mutually agreed upon

What if I don’t want a PACA?

That’s fine. A PACA is voluntary and must be mutually agreed upon by you, your adoptive parents, and your birth relative(s). Separate agreements may be developed for different relatives. For example, a PACA may include different contact between you and your sibling than with your birth parent.

Could a PACA affect my adoption?

No, agreeing to or refusing a PACA will not affect your adoption.

What if my adoptive family doesn’t want to be a part of the PACA?

All parties must be in agreement to participate in a PACA. If your adoptive family does not want a PACA, then the court will not issue one.

PLANNING VISITATION

The location of visits can be anywhere the parties agree, such as in a home, a restaurant, a community outing (such as a park or the zoo), or a county children and youth agency. Most importantly, it should be a place where everyone feels safe. These locations will be determined by you, your birth relative(s) and your parents when the agreement is created.

More Information

For more information about a PACA, you can speak with:

- your caseworker
- your guardian ad litem
- the child welfare court
- your attorney
  (in cases of private adoption)